

MERCHANT SPECIALS

All Events: 10% off all in stock items. 10am - 5pm.

Always Treasured: 10% off everything. Open till 6pm.

Canal Side: Reopening May 2nd for our 37th year!

Copper Moose: \$1 off all 27 craft beer and cider taps until close.

***Ed's Pizza:** Any Large veggie pizza, \$10.00. 11am – 2pm, 4pm – 10pm.

George Lumber: 10% off ALL propane refills, 7:30am -4:30pm.

Happen Inn: 75¢ wings, eat in only, \$2 domestic beers, 6pm – 11pm.

Il Caffè: Fresh brewed coffees, breakfast and lunch. Gluten free cakes and desserts are available for order. 8am – 5pm.

Joyful's Vintage Designs: Spring cleaning is right around the corner! Come on in to Joyful's Vintage Designs for that one of a kind piece for your home! Spend 50.00 or more and receive 20.00 off your next purchase of 50.00 or more! 10am – 5pm.

LF Fuel: Filling 20lb. propane tanks, \$11.99 plus tax, 8am - 5pm.

LF Hardware: Open Monday - Friday, 8am - 5pm.

***Mel's Place:** Spring has Sprung! Book a Highlight/color appointment and receive a complimentary haircut. Open 10-7pm. Call: 315-868-3184.

Ole Sal's: Soft Serve is back! 10am – 9pm.

Paca Garden: "Winter Clearance Sale" with Alpaca Sweaters, Jackets and more up to 50% OFF as marked. AND 1 FREE pair of socks (\$14.95 value) with any before tax purchase of regular priced merchandise over \$50, 10am-6pm.

Pilates Contrology Studio: Offering 1 on 1 Authentic Classical Pilates Lessons - The FIRST lesson is always FREE! Teaching Pilates for 21 years. Give it a try! Call 845 - 282 -4206 for appt.

Pohligns: Save some GREEN on any in stock or custom wall coverings and take 30% off, 8am – 6pm.

Renaissance: \$1.25 cans, 6pm – 8pm.

***Sandwich Chef:** Glumpkies: 2 glumpkies with garlic mash potatoes \$7.99 Individual glumpkies, \$2.00 each. Try a gluten free wrap or sandwich...Always available! 11am – 5pm.

Tang Soo Do of Central NY: 1 Week FREE trial, if you sign up on 3rd Thurs., 4 - 7pm.

Towpath Vision Care: 20% off prescription Sunglass package. 45 W. Main Street L.F. Call: 315-823-4330.

***Travelodge Dinner Buffet \$12.95:** Our Always Gluten Free Pot Roast and Gravy, mashed potatoes, vegetable, vegetarian stuffed peppers, and salad bar, 5 - 9pm.

***Velardi's Pizza:** 14" garlic pizza topped with whole sliced tomatoes, baby spinach, and mozzarella cheese for \$9.99, 11am – 9pm.

Valley Cinema: Family year round passes, \$200.

WEEKEND EVENTS

Saturday April 21

It's Getting Hot In Here Clothing Exchange @ Faces of Astarte

Bring a bag of clothes you want to swap, plus \$5 participation fee.

All proceeds go to the Little Falls Climate Smart City Initiative!

11:00 - 1:00 pm

Sunday April 22

5k for Earth Day @ 1st Presbyterian Church

The Nature Club of the First Presbyterian Church is hosting a 5k for Earth: Run/Walk for a Fossil Free World. This fundraiser to support environmental awareness and education. Following the walk there will be a celebration with activities, games, food and music. T-shirt and tree to the first 50 registrants.

Register at www.facebook.com/fpresbylf

2:00 - 4:00 pm

EVENT SPONSORED BY:

Read Accounting - H&R Block

We're here ALL YEAR to help with your tax and accounting needs.

Third Thursday events are made possible by the Co-Sponsorship of the City of Little Falls Tourism Committee and the Little Falls Family YMCA through its Summer Music program.

For a complete listing visit www.shoplittlefallsny.com or "like" us on Facebook @ Think Local Little Falls.

EARTH DAY

Think Global | Act Local

Reduce Reuse Recycle

APRIL 19TH

THIRD THURSDAY

Community Tree Planting

Outside Faces of Astarte at 4:30 - 6:30

First 75 attendees will receive a free sapling.



CANAL PLACE EVENT

Kids

4:30 - 6:30 pm

Outside in Canal Place

(In case of bad weather events will be held in Ole Sal's)

Free

Seed Planting with LF Lumber
Bottle Cap Mural with LF School AP Art & PARP
Snake and Reptile Meet and Greet with Amanda Talaba
(Inside Faces of Astarte)
Vegetable Stamp Print Making with Marc Verri

Small Fee

Tree Trolls and Their Secret Gifts Book Signing with the
Author, Barry Cavanaugh (\$20)
Upcycled Instruments with Mary Deveny (\$3)
Toilet Paper Roll Birdfeeder with Chickweed (\$1)

**Children's Drum Circle
with Stephanie Weiboski
@ Ole Sal's Cafe and Creamery
6:30 pm**

Adults

Story Hour for Grownups @ MVCA
Barry Lopez at this month's Story Hour. Lopez wonders what
you would do if, one morning, you walked into your kitchen
and found a stranger there.
5:30 - 6:30 pm

Green Clean Workshop @ Rochette
Green Cleaning with all natural products exhibit and demo.
10:00 am - 7:30 pm

Recycling Presentation @ MVCA
Oneida Herkimer Solid Waste Authority
6:30 - 7:30 pm

WANDERING FEAST

Three Course Dinner

Throughout Canal Place
Vegan & Gluten-free Options Available

4:30 - 7:30

\$10 per Ticket*

*Ticket price excludes table service.

Bring Your Own Bowl and Utensils Or Buy a Handmade Bowl from Arc Herkimer

Check-in at Faces of Astarte to Purchase Ticket
& Enter a Raffle

**Gourmet Salad from That Little Place on Main
(served in Canal Place)**

**Soups with Kale never fail, Black bean is mighty
keen, Be a pal, Eat at Ole Sals!**

**Sweet Treat Dessert Choices
from The Mustard Seed**

EVENTS AROUND THE CITY

**Tuscan Roast Pork Dinner
@ Emmanuel Episcopal Church**

Episcopal Church & MVCA Combined Fund Raiser

Adults \$10.00 Kids 5 & under free.

Take out & free local delivery.

Call 315-823-7009 to order day of dinner!

4pm - 7pm or until sold out.

Wine Tasting @ Ann Street Liquor

Chelsey from Empire Merchant's will be serving wine samples

Stop in and taste!!

4-6

EARTH FRIENDLY SPECIALS

Chickweed

Purchase the book 'Tree Trolls and Their Secret Gifts' by Barry Cavanaugh at
Chickweed and receive a FREE packet of Wild Flowers! 9am - 5pm.

Community Co-op

Take an extra 10% off our reusable shopping bags and so much more in
celebration of Earth Day at the Community Co-op. 9:30am - 8:00pm.

Faces of Astarte

Special on Herbal Hair Coloring-purchase a Herbal Hair Coloring service on
Third Thursday for 15% off menu prices regularly: Mud & Go \$50 One Step
\$65 Two step \$75. 10am - 6pm.

Fitness Farmacy

Come visit our healthy selections... Refill/re-use your kombucha bottles
receive a savings.

Gansevoort House Book and Art Gallery

Receive an extra, 10 % off Gardening books. Paintings discounted 30%.
10am - 9pm.

Huckleberry Letterpress

15% off our Liberty water bottles! Choose from 2 sizes (16 or 24 oz.) and 7
fun colors!

Italian Feast

Strawberry fields salad with mixed greens, strawberries, dried cranberries,
walnuts and feta cheese. Gluten free pizzas. GLUTEN FREE CHOCOLATE
CAKE! 4 - 8pm.

Kathy's Professional Hair Designs

10% off our Paul Mitchell tea tree product line. 9am - 5pm.

Old Barn Marketplace

Make time to stop by and check out our collection of upcycled & recycled
Treasures!! Great Deals! 315-508-5254 10am - 5pm.

PrimaDonna's Boutique

30% off all gently used clothing. 11am - 7:30pm

RD'S Redemption Center

6¢ per return. 8am - 5pm.

Ruggiero's Trattoria

Offering Delicious Specialty Salads Every Day For Lunch & Dinner! Make
New Friends At Ruggiero's Tap & Tavern. 11am - 9pm.

Showcase Antiques of CNY:

Bring us your OLD stuff for CASH!...We buy Antiques & Very Vintage items!
What's it Worth?? Every 3rd Thursday bring in an item for a FREE verbal
appraisal (Written appraisals / \$3 per item). 10am - 5pm.

Yoga and Wellness

Kombucha on tap. Buy your AquaVitea bottles and re use and refill here.